

“Tevo Sada Dnyanmaya Pradip”

Shikshan Prasarak Mandal's



*Smt. Ratnaprabhadevi Mohite- Patil
College of Home Science for Women,
Akulj, Dist. – Solapur.*

*DEPARTMENT OF NATIONAL SERVICE
SCHEME*

REGULAR ACTIVITY REPORT

2019-2020

Celebration of International Yoga Divas:

International Yoga Divas was celebrated in the college on 21 June 2020. The programme was organized by the NSS and Sport's department.

INTERNATIONAL DAY FOR YOGA

ON 21st June, 2019



- The International Yoga Day was celebrated in the college with great enthusiasm. All teaching staff, non-teaching staff and the girl students of the college participated in the event.
- The session started with the demonstration of various asans and kriyas of Yoga by the expert physical teacher Mr. Kore K.K. and few students assisted him in the process.



- The significance of each asana and procedure to perform it was well explained by him to all the participants.
- Then, Yoga was done by all the participants. Nearly all the asanas were performed.



- Pranayam was done by all under the supervision of expert.
- After this session, Mr. Mane Deshmukh Y. K., an expert in the field of Yoga, Physical Teacher in Jijamata Kanya Prashala, Akulj guided the participants on the significance of yoga in our day to day life. He spoke on the topic of Mind Training with the help of yoga. Niyama and Ashtangyoga were briefed by him.



- The International Day for Yoga event was organised in the college by Department of National Service Scheme under the noble guidance of Prof. Nimbhorkar R.R., Programme Officer, Mr. Kore K. K., College Director of Physical Education and Prof. Ghadge A. B.



- **Elocution Competition:**

Subject for the competition was 'Yoga for Health and Well-being'.

Students from class F.Y., S.Y. and T.Y. B.Sc. participated and spoke on the subject neatly.

Winners were:

1. Miss. Sonali Ranchandra Londhe (T.Y.)
2. Miss. Ketaki Anil Suryavanshi (S.Y.)



- **Yoga Demonstrations:**

Participants were to perform asnas as suggested by the university.

It included:

1. **Surya-Namaskar**
2. **Paschimottasan**
3. **Vakrasan**
4. **One asana of student's choice**

Winners were:

1. Miss. Sayali Santosh Suryavanshi (T. Y.)
2. Miss. Kajal Sitaram Salunkhe (T.Y.)

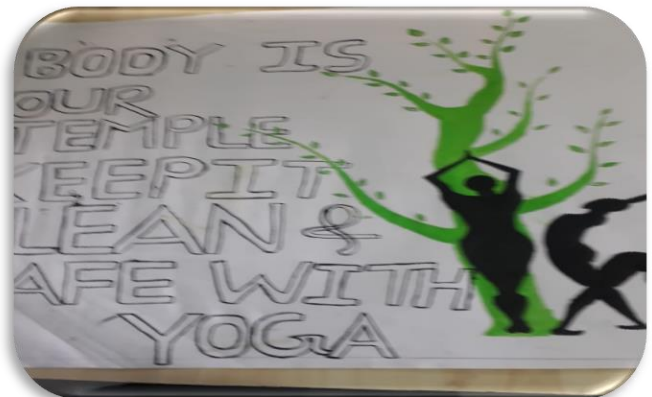
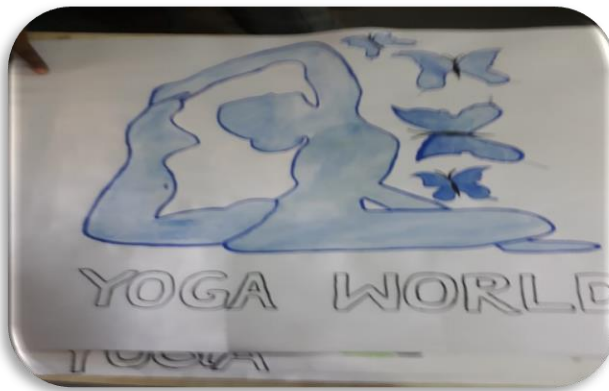


Poster Making Competition:

Participants prepared the poster on the given topic ‘Yoga for Health & Well-being’.

Winners are:

1. Miss. Salunkhe Kajal Sitaram (T.Y.)
2. Miss. Suryavanshi Sayali Santosh (T.Y.)



- **Essay Writing Competition : (Marathi)**

Participants composed essay on the topic ‘Yoga for Health & Well-being’. Evaluation was done and the

- Winners are:
1. Miss. Khare Sushma Suresh (T.Y.)
 2. Miss. Godase Tejashree Ashok (T.Y.)

Haritwari Nisargvari Programme

Sant Shreshtha Tukaram Maharaj Palakhi Sohla 2019

Plastic Thermocol dust free Dindi Abhiyan

Nirmalwari : Ecofriendly Patravali circulating upkram

In collaboration with Savitribai Phule Pune University, Punyashlok Ahilyadevi Holkar Solapur University and SNDT Women's University, Mumbai NSS department organised **Ecofriendly Patravali circulating upkram** on 07- 07- 2019. NSS volunteers and all teaching staff circulates this ecofriendly patravali to warkari people. Dindi haults in different areas of Akulj. Taking this into consideration, teaching staff and students explained importance of ecofriendly patravali instead of steel and aluminium plates. After that according to their need and demand patravali were circulated to warkari people.



Nirmal wari project



Seed Ball Activity

- A unique activity of making of seed-balls was organized by Science department in collaboration of National Service Scheme department of the college on 14th August, 2019. Prof. Ghadge A.B. of Science department guided the students on how to prepare the seed balls. 75 students participated in this activity. Students collected the seeds of various local plants such as neem, babool, tamrind, amla, mango, jambhul, karanj etc. A potting mixture of black soil and organic fertilizers was made in the college campus.
- A demo was then shown to the students. The procedure of making of seed balls was shown to all the participant students. Students then prepared 6000 seed balls which were then sun dried and finally all the seed balls were thrown on the barren land near Vizori, Tal-Malshiras, Dist-Solapur.
- This activity was planned and executed under the scheme of plantation of 33 crores trees in Maharashtra, an initiative of State Govt. of Maharashtra and under the guidance of Harit Sena, an N.G.O. working in this field. This activity was conducted under the guidance of Prof. Nimbhorkar R.R., N.S.S. Program Officer and supported by Dr. Surve R.N., In-charge Principal of the college.



Oath for antidrug

In collaboration with Sambandh Health Foundation, institute in vyanamukti field NSS department arranged the programme of Oath taking on 11-07-2019. This programme was organized with the aim that college students be aware about de-addiction and prevent other people from addiction. Oath was given to students of the college and teaching and non-teaching staff of the college.



Tree plantation



National Service Scheme

Fit India Movement

Dt. 29 August 2019



To inculcate value of exercise and fitness Fit India Movement Program was arranged for the students and staff of the college on 29 August 2019. This program was organized in the college by NSS department of the college. Prof. Ghadge During the program oath for health was taken by the students and staff of the college. After that students as well as staff walked 5000 steps in the college ground.



Walking in the ground area of the college during FIT India Movement programme.



Rangoli Workshop

On 23-09-2019 rangoli workshop was arranged for FY, SY and TY B.Sc.students of the college. Mr. Kashid from Lakshmibai Kanya Prashala, Akluj was the resource person for the workshop. He explained all the basic forms of Sanskar Bharati rangoli and demonstrated the techniques of rangoli. The workshop was organized by the NSS department under skill development.



E – waste management

To reduce e-waste from house and reuse it as a decorative articles workshop on e-waste management was organized for F.Y. B.Sc. students of the college. This workshop was arranged on 28-09-2019. In this workshop waste CDs were used for making decorative articles. 38 students participated in the workshop and prepared the decorative articles from waste CDs.







Constitution Day 2019

Constitution day was celebrated in the college on 26 November 2019 in collaboration with NSS and Cultural department. Constitution was read by staff and students of the college. Speech competition was also conducted on the occasion of Constitution day. Prof. Ghadge A.B. guided students on this occasion.



सकाळ

सोलापूर, गुरुवार, २८ नोव्हेंबर २०१९



अकलूज : संविधानाच्या उद्देशिकेचे वाचन करताना प्राध्यापक व विद्यार्थिनी.

गृहविज्ञान महिला महाविद्यालय

लवंग : शिक्षण प्रसारक मंडळ, अकलूज संचलित श्रीमती रत्नप्रभादेवी मोहिते-पाटील गृहविज्ञान महिला महाविद्यालय येथे संविधान दिनानिमित्त घेण्यात आलेल्या कार्यक्रमाच्या अध्यक्षस्थानी प्रा. अमित घाडगे होते. यावेळी संविधानाच्या उद्देशिकेचे सामूहिक वाचन करण्यात आले. महाविद्यालयातील विद्यार्थिनींसाठी भारतीय संविधान : मूलभूत हक्क या विषयावर वक्तृत्व स्पर्धेचे आयोजन करण्यात आले होते. या स्पर्धेचे परीक्षण डॉ. छाया भिसे व प्रा. राजश्री निंभोरकर यांनी केले. प्रास्ताविक प्रा. ऋषी गजभिये यांनी केले. शैरन्दरी चिंतामणी हिने सूत्रसंचालन केले. अनुराधा गायकवाड हिने आभार मानले. यावेळी डॉ. भारती भोसले, प्रा. के. के. कोरे व विद्यार्थिनी मोठ्या संख्येने उपस्थित होत्या.

Stress Management workshop:

On 05-12-2019 stress management workshop was arranged for the students of FY, SY and TY B.Sc. This programme was organized by the NSS department of the college. How to reduce stress and live healthy life was explained to the students in this workshop. Guest for the programme was Mrs. Mulik, Art of Living. She explained about management of stress and gave activities to the students to reduce stress.



Matrubhasha Din

On 21 February 2020 Matrubhasha Din was celebrated in the college in collaboration with Library and NSS department. On this occasion book exhibition was organized for all the students of the college. In this exhibition books related to literature were displayed for the students as well as teaching and non-teaching staff.



International Women's Day Celebration

Women's Day was celebrated on 08-03-2020 in the college. On this occasion Dr. Vishwanath Awad sir was invited for guiding student. He motivated our students with his PPT presentation on 'Struggle behind every successful woman. He selected recent stories of successful women from different sectors and presented to students. His heart touching explanation was very inspiring. Students were very thoughtful and had sensible questions about their own hurdles in life which were answered by sir very well.

Out come: Student got the motivation, 1. Not to give up in life'.

2. Hard work is key to success.



Awareness about Corona Virus

Date: 19th April, 2020

Teachers: Prof. Ghadge Amit B. and Dr. Bhosale Bharti S.

Aim:

- 1. To create awareness regarding Covid – 19 and infection by Corona**
- 2. To propagate the safety measures to avoid the infection**
- 3. To engage the students in studies during Lock-Down period.**

Online campaigning was done with the help of a Questionnaire on Covid-19, Corona infection and safety measures to avoid it.

This campaigning included Google form questionnaire. It was circulated to all the students, staff and others who were there in various Whatsapp groups.

The link was shared to all and the responses were analyzed.

Minimum passing marks were 40 %.

Certificates were distributed online to all the successful candidates.

पृष्ठ प्रतिमाद 1/1

श्रीमती रत्नप्रभादेवी मोहिते पाटील गृहविज्ञान महिला महाविद्यालय अकलूज : कोविड १९ संसर्गाविषयी जाणिव जागृती

सदर पत्रभादवी मंडळीय पत्रांची कोव्य उतरे पर्यायामधून निवड. या माहितीचा उपयोग हा केवळ शैक्षणिक करणांसाठीच करण्यात येणार आहे. तरी सर्वज्ञी या उपक्रमात सहभागी होऊन सहकार्य करावे.
धन्यवाद . प्र . पाडणे अमित

१. आयले नाव लिहा . *

लातू उतर मजलू

२. कोविड १९ या संसर्गाजत्य आजाराची सुरवात कोणत्या देशातून झाली ? *

स्पेन

इटली

चीन

Shikshan Prasarak Mandal, Akulj

SMT. RATNAPRABHADEVI MOHITE PATIL COLLEGE
OF HOME SCIENCE FOR WOMEN, AKLUJ, TAL-
MALSHIRAS, DIST-SOLAPUR, 413101

Affiliated to S.N.D.T. WOMEN'S UNIVERSITY, MUMBAI

**COVID-19 PANDEMIC
General Awareness Quiz**

Certificate of Appreciation Gladly presented to

MR. KOLI VIJAY ARJUN

For Excellent Performance in COVID-19 PANDEMIC
General Awareness Quiz

Presented by:
Internal Quality Assurance Cell (IQAC)

Date : 17/04/2020

Mr. Ghadge A.B.
Quiz Coordinator

Dr. Bhosale B.S.
Co-ordinator IQAC

Dr. Surve R.N.
Principal

National Service Scheme Special camp



05 January 2020 to 11 January 2020

Lavang Th. Malshiras Dist. Solapur

Theme of Special Camp:

- **Water Management**
- **Women Empowerment**
- **'Swacchha-Bharat' Abhiyan**

उदघाटन समारंभ

दिनांक : ०५ जानेवारी २०२०

सकाळी ११.०० वाजता

उदघाटक : मा. श्री. रामचंद्र चांगदेव चाव्हाण

माजी संचालक

सहकार मधील शंकरराव मोहिते पाटील सहकारी साखर कारखाना लि. घसवंतपनरा

प्रमुख उपस्थिती : मा. श्री. दमंजय उभाजी चाव्हाण

संचालक

सहकार मधील शंकरराव मोहिते पाटील सहकारी साखर कारखाना लि. घसवंतपनरा

मा. श्री. शंकर केशव कदम

उपकारक

ग्रामपंचायत लवंग

अध्यक्ष : मा. श्री. किशनगुजार शंकरराव पाटील

सदिच्छा भेट :

मा. श्री. जयसिंह शंकरराव मोहिते पाटील

अध्यक्ष

शिक्षण प्रसारक मंडळ अकलूज

मा. दु. स्वस्वपारणी जयसिंह मोहिते पाटील

संचालिका

शिक्षण प्रसारक मंडळ अकलूज

व अध्यक्ष

महाविद्यालय विकास समिती

समारोप समारंभ

दिनांक : ११ जानेवारी २०२०

दुपारी ०९.०० वाजता

प्रमुख अतिथी : मा. सौ. योगिता राजामाऊ सरावडे

सरपंच

ग्रामपंचायत लवंग व. पाळीरव लि. सोलापूर

मा. सौ. सिमाताई नितिन वाघ

सभापती

साखर व्यवसायन समिती

फिल्म परीषद क्व. साखर लवंग

अध्यक्ष : मा. श्री. किशनराव गोपाळराव वाघ

शिक्षण प्रसारक मंडळ अकलूज संचालित

श्रीमती रत्नप्रभादेवी मोहिते पाटील गृहविज्ञान महिला महाविद्यालय अकलूज
ता. माळशिरस जि. सोलापूर.

राष्ट्रीय सेवा योजना

विशेष श्रमसंस्कार शिविर

वैधानिक वर्ष २०१९-२०

विशेष सहकार्य :

- ❖ ग्रामपंचायत लवंग ता. माळशिरस जि. सोलापूर
- ❖ जिल्हा परीषद प्राथमिक शाळा लवंग
- व समस्त ग्रामस्थ लवंग

प्रमुख उपस्थिती :

मा. श्री. उत्तम भोसले

मा. श्री. मधुकर वाघ

मा. श्री. उत्तमबापू भिलारे

मा. श्री. दिलीप दुराणे

मा. श्री. धनाजी भोळे

मा. श्री. वैजनाथ शंकर वाघ

मा. सौ. सारीकताई कोकाटे

(माजी उपसरपंच)

मा. श्री. दत्तात्रय विठ्ठल चव्हाण

मा. श्री. तुषार विजय वाघ

मा. श्री. अशोकराव सदाशिव पाटील

मा. श्री. गोरख गणपत वाघ

मा. श्री. भिमराव महादेव चव्हाण (माजी सरपंच)

मा. श्री. दत्तात्रय भाऊ भिलारे

मा. श्री. विक्रम भोसले (पोलिस पाटील)

मा. श्री. धनाजी नवनाथ चव्हाण

मा. श्री. विठ्ठल शंकर रायकवाड (माजी सरपंच)

मा. श्री. विठ्ठल हरीबा गोजगे

मा. श्री. सज्जन धामवत वाघ

मा. श्री. सोपान बालभिम वाघ

मा. श्री. संजय शिवाजीराव पाटील

मा. श्री. चंद्रसेन जगन्नाथ दुराणे

मा. श्री. शहाजी जगन्नाथ कदम

मा. श्री. निवृत्ती नामदेव कदम

Inauguration Ceremony 05-01-2020

NSS special camp of Smt. Ratnaprabhadevi Mohite Patil College of Home Science for Women, Akluj for the Academic year 2019-2020 was held during 05 January 2020 to 11 January 2020 at Lavang . The Inauguration function of the Special camp was done by the auspicious hands of Mr. Ramchandra Changdev Chavan Ex. Director of Sahakar Maharshi Shankarrao Mohite Patil Co-operative Sugar factory. In the afternoon session survey was conducted by the volunteers on the topics like cleanliness, water conservation and health. NSS volunteers cleaned the nearby area of the Zilla Parishad School.



Cleanliness of the area nearby the Zilla Parishad School



Before cleanliness 05-01-2020

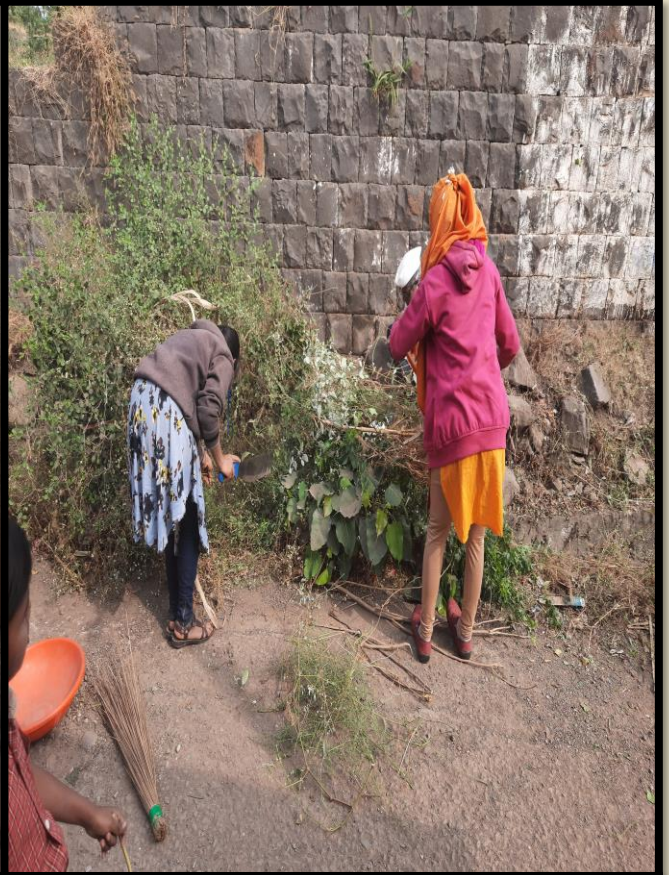


After cleanliness 05-01-2020



Cleanliness 06-01-2020





Distribution of Nutritious recipe to the students of Zila Parishad School, Lavang



Workshop for ladies of SHG

In the morning session , Dr. Manohar J.B. conducted workshop on making chili and lemon pickle. The workshop was arranged for the women of self-help group. During the workshop Dr. Manohar explained the Importance of Nutrition for school going children. She demonstrated the chili and lemon pickle to the women of Self-Help Group of the village Lavang.



07 January 2020



Cleanliness activity







Awareness through street plays





Awareness through street plays





Awareness through street plays



Awareness through rally

Mahila Melava and Exhibition

On 08 January 2020 in the afternoon session NSS volunteers arranged exhibition for the women in the nearby area of camp. In this exhibition exhibits were the handmade articles prepared by the students in the practical of subject Fabric Ornamentation and Accessory Design. Various hand embroidery samples i.e. wall hangings, frames, table cloth and handkerchief were included in the exhibits of the exhibition. Some funny games were also arranged for the ladies like Ukhana and musical chair. Prizes were also given to the winners.





Guest Lecture : Anti drug

In the afternoon session, lecture on eradication of drugs was organized for the villagers of Lavang. The resource person for the lecture was Mr. Dhananjay Deshmukh , Teacher in Maharshi Shankarrao Mohite Prashala ,Yashwantnagar.



09 January 2020



Cleanliness Drive



Bharat Gas Safety Clinic Camp

In the morning session, Bharat Gas Safety Clinic Camp was organized for the villagers and NSS volunteers. Mr. Gore explained about the use, safety valve, expiry details and handling of the LPG gas in the kitchen. Mr. Tadwalkar from Bharat gas demonstrated about all the safety precaution for the LPG. This camp was organized by the Ms Pradhnya Bharat Gas Rural Distributor, Malinagar. Women of the village Lavang was present for the camp.





Guest Lecture : Eradication of Superstition



In the afternoon session, Guest Lecture on eradication of superstition was organized for the villagers. In this lecture Mr. Bhosale, teacher, Sadashivrao Mane Vidyalaya, Akluj explained types of superstitions with demonstration.



Lecture on women health

During the camp in the hospital area of Lavang (Arogyavardhini Kendra) one lecture for the NSS volunteers was organized regarding health issues of women. Dr. Mane-Deshmukh guided the NSS volunteers about the women health and diseases regarding iron deficiency and importance of hemoglobin.



Cleanliness activity

During the camp tree plantation activity was conducted. Tree plantation was carried out in the Zila Parishad School, Lavang. Ornamental plants like rose were planted in the pots by the NSS volunteers. Another tree plantation activity was carried out in the hospital area of Lavang (Arogyavardhini Kendra). The trees planted there were of Kashid, Tamarind and Mango. First the hospital area was cleaned and then the trees were planted.





R AI QUAD CAMERA
Shot by Monali Rauf

Tree Plantation



Hypnotism workshop

On 10 January 2020 , in the afternoon session, Hypnotism workshop was arranged for the villagers. Mr. Suryakant Chavan was the resource person for the workshop. He demonstrated the students about hypnotism. Some volunteers participated in the workshop. He explained the importance of hypnotism.





Awareness through street plays



Eco bean activity and hydroponic pharming

Prof. Ghadge A.B. conducted workshop on eco bean activity which is performed to make difference between dry and wet garbage. Hydroponic farming is a soilless farming. Near about 60 participants from village were participated in the activity.



11 January 2020



Cleanliness Drive





Shramdan Activity





Awareness through Street plays



Awareness through rally



Valedictory Function

The valedictory function of the NSS Special camp was held on 11 January 2020 at 3.00 pm. Mrs. Yogita Sarvade , Sarpanch, Grampanchayat, Lavang was the special Guest for the function. Mr. Kisanrao Wagh was the President for the function. Seematai Wagh, Chairman of the School Development Committee, Zila Parishad School , Lavang was also present for the function. Dr. R. N. Surve , In-Charge Principal of the college was also present for the function.





माळीनगर: राष्ट्रीय सेवा योजना विशेष श्रमसंस्कार शिबिराचे उद्घाटन करण्यात आले.

रत्नप्रभादेवी मोहिते-पाटील गृहविज्ञान महिला महाविद्यालयाचे श्रमसंस्कार शिबिर

माळीनगर : वार्ताहर

येथील श्रीमती रत्नप्रभादेवी मोहिते-पाटील गृहविज्ञान महिला महाविद्यालयाच्या राष्ट्रीय सेवा योजना विशेष श्रमसंस्कार शिबिराचे उद्घाटन रामचंद्र चांगदेव चव्हाण यांच्या हस्ते जि.प. प्रा.शाळा लवंग येथे झाले. कार्यक्रमाच्या अध्यक्षस्थानी विजयकुमार पाटील होते.

याप्रसंगी सारिकाताई कोकाटे, धनंजय चव्हाण, संचालक, उपसरपंच शंकर कदम, नानासाहेब गायकवाड, प्रभारी प्राचार्य डॉ. आर. एन. सुर्वे, प्रा.

राजश्री निंभोरकर, प्रा. ए. बी. घाडगे, महाविद्यालयाचे कार्यालय प्रमुख विजय कोळी उपस्थित होते.

सात दिवसीय श्रमसंस्कार शिबिरामध्ये सोमवारी (दि.६) पालक संभा, पोषण आहार कार्यक्रम व पौष्टीक खाद्य वाटप आहे. मंगळवारी (दि.७) 'व्यसनमुक्ती' या विषयावर महर्षी शंकरराव मोहिते प्रशाला यशवंतनगर येथील प्रा. धनंजय देशमुख यांचे व्याख्यान होणार आहे. (दि.८) सदाशिवराव माने विद्यालय अकलूज येथील शिक्षक अशोक भोसले यांचे

'अंधश्रद्धा निर्मूलन' वर व्याख्यान होणार आहे. (दि. ९) कौशल्य विकास कार्यक्रम व पर्यावरणपूरक उपक्रमाचे आयोजन करण्यात आले आहे. (दि.१०) वृक्षारोपण कार्यक्रम होणार आहे. तसेच इंद्रापूर येथील डॉ.चव्हाण यांचे 'हिप्नॉटिझम' या विषयावर कार्यशाळेचे आयोजन करण्यात आले आहे. शिबिराचे आयोजन अध्यक्ष जयसिंह मोहिते-पाटील, स्वरूपाराणी मोहिते-पाटील यांच्या मार्गदर्शनाखाली करण्यात आले आहे.

Some moments of the Camp



